

# November



Meals meet USDA Regulations and all items are whole grain-rich.

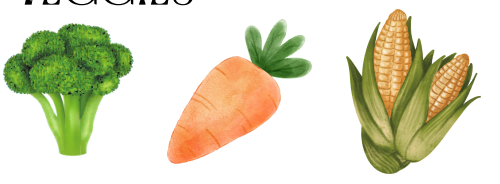
OFFERED DAIL

\*DELI SANDWICHES

FRUITS

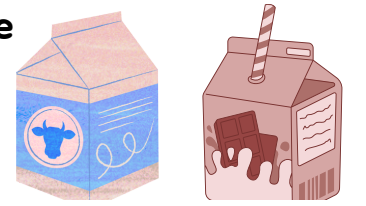


VEGGIES







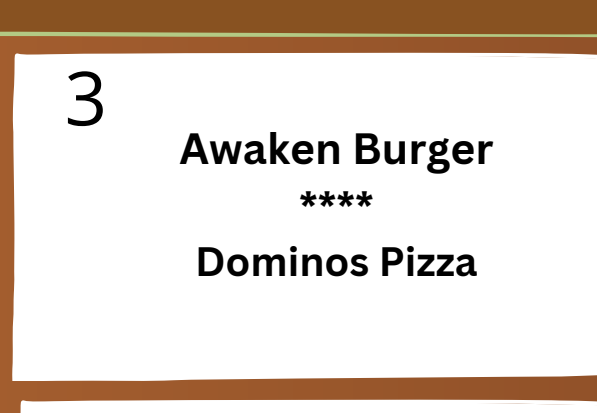

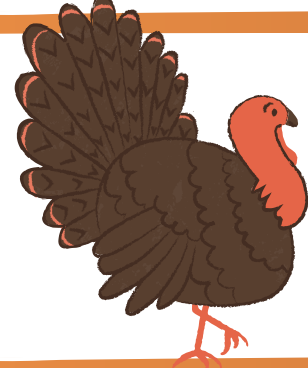

Milk Choices:

Nonfat Chocolate Milk or 1% White Milk or Fat Free White



Students must select 3 of 5 offered food components, at least one being a fruit or vegetable.

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
1 Big Daddy's Breakfast Pizza **** Mac & Cheese W/ Roll	2 UBR **** Chicken Sandwich Day!	3 Awaken Burger **** Dominos Pizza	6 Chocolate Muffin **** Nuggets, Mashed Potatoes w/ Roll	7 French Toast w/ Sausage **** Taco w/ Churro
8 Breakfast Pizza **** Grilled Cheese w/ Chips	9 Benefit Bar **** Burger & Fries	10  No School!	13 Blueberry Muffin **** Orange Chicken w/ Rice	14 Pancake on a Stick **** Nachos
15 Country Pizza **** Spaghetti w/ Roll	16 Cereal Bar **** Hot Dog w/ Chips	17 Bacon Grilled Cheese **** Jello Domino's	20 	
21 <i>Thanksgiving Break</i>				
22	23	24 	27 Chocolate Muffin **** Chicken & Waffles	28 Mini French Toast **** Bean Dip & Chips
29 Breakfast Pizza **** Mac & Cheese w/ Roll	30 UBR **** BBQ Pulled Pork Sandwich			

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Menu subject to change based on availability. This institution is an equal opportunity provider.